

Well balanced

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the **ea!**  
The Employers' Association

 **PARAMOUNT**  
CARE OF MICHIGAN  
*Affiliate of ProMedica*

 **ADURO**®

# EMPLOYER INCENTIVES

## Level 1

Your company will earn:

- 25% of one-month premium holiday

Requirements:

- 75% participation in the Health Check and Well-Being Assessment
- Digital Adoption (60% in MyParamount Portal and ProMedica OnDemand account registrations)
- PCP Education 25% watched PCP video

## Level 2

Your company will earn:

- 50% of one-month premium holiday

Requirements:

- Achieve Level 1
- 30% passing 3 of 5 NIH Health Check measures
- Incurred Loss Ratio < 85%

## Level 3

Your company will earn:

- One-month premium holiday

Requirements:

- Achieve Level 1 and 2
- 50% passing 3 of 5 NIH Health Check measures
- Incurred Loss Ratio < 82%

\*Employer must be in the program for a full 12 months and renew with Paramount to earn a Level Reward.

# PROVIDING THE SIGNATURES OF A WELL-BALANCED LIFE

## Wellness Consulting and Program Implementation at Your Site

Your health and wellbeing are important to us! EA Wellness takes a collaborative approach to achieve lasting results that impact not only your health care costs, but also the overall experience and environment through which your employees can get healthier together.

## Wellness Partnership with Paramount

Teamed up with Paramount, EA Wellness places an emphasis on employee wellness by giving employees access to proven programs designed to help them live healthier lives.

- MyParamount Portal
- Paramount Benefits
- ProMedica OnDemand Services

## Partnered Together with Technology and Coaching

EA Wellness accesses technology, research based content, and human performance coaching to deliver personalized challenges specific and relevant to the individual.

## Wellness Consultants

- Program Design Consultation
- Employee Program Meetings
- Platform Training
- Planning and Coordination of Health Checks
- Wellness Committee Consultation and Team Challenges
- Aggregate Reporting and Recommendations
- On-Site EA Signature Offerings

## Wellness Consulting

Choose from a unique variety of consulting options ranging from Initial Wellness Committee Consultation, On-Site EA Signature Offerings, On-Site Tobacco Cessation, or Weight Management Programs tailored to meet your needs!



Join the team of EA Wellness...we can support a strong, resilient and balanced culture!

# EMPLOYEE INCENTIVES

## Strong

Your employees will earn:

- \$25 Amazon gift code\*
- Name entered into a \$25 incentive drawing

Requirements:

- Complete a Health Check
- Complete the Well-Being Assessment, watch the PCP video (250 points), and earn 250 additional points via portal or EA wellness culture events and activities for a total of 1,500 points.

## Resilient

Your employees will earn:

- Name entered into a \$50 incentive drawing

Requirements:

- Achieve Level Strong (including the Well-Being Assessment, Health Check, and PCP Video)
- Hit Level Strong and earn 500 additional points via portal or EA wellness culture events and activities for a total of 2,000 points.

## Balanced

Your employees will earn:

- Name entered into a \$75 incentive drawing

Requirements:

- Achieve Level Strong and Resilient (including Well-Being Assessment, Health Check, and PCP Video)
- Hit Level Strong and Resilient and earn 500 additional points via portal or EA wellness culture events and activities for a total of 2,500 points.

\*Outcomes Groups will not receive the \$25 Amazon Gift Code.

\*EA Wellness will provide one set of \$25, \$50, and \$75 incentive raffles for each employer to offer for employee incentive drawings.