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the **ea!**

The Employers' Association



MEDICAL MUTUAL®

bravo®

Let's be more active

together.

EMPLOYER INCENTIVES

Level 1

- Your company will earn:
- 25% of one-month premium holiday

- Requirements:
- 75% participation in the Health Check and Health Assessment
 - Digital adoption (75% in My Health Plan)
 - Preventive Care Education: 25% watch video

Level 2

- Your company will earn:
- 50% of one-month premium holiday

- Requirements:
- Achieve Level 1
 - 30% passing 3 of 5 NIH Health Check measures
 - Incurred loss ratio <93%

Level 3

- Your company will earn:
- One-month premium holiday

- Requirements:
- Achieve Level 1 and 2
 - 50% passing 3 of 5 NIH Health Check measures
 - Incurred loss ratio <90%

Bonus Level

- EA pool’s target loss ratio will be established annually and if met will be paid out by way of a wellness fund for each employer group.

*Employer must be in the program for a full 12 months and renew with Medical Mutual to earn a Level Reward.

BUILDING HEALTHY CULTURES TOGETHER

Wellness Consulting and Program Implementation at Your Company

Bringing EA Wellness to your organization does not require an enormous amount of time and effort. Far from it! Our wellness team handles the setup details for you and works directly with your employees at your place of business.

Wellness Partnership with Medical Mutual

EA Wellness partners with Medical Mutual, which means your employees have access to a host of health and wellness services, such as:

- Additional wellness benefits, including discounts with WW (formerly Weight Watchers), gym discounts, and the MMO QuitLine for tobacco cessation
- Price comparisons for tests and medical procedures through My Care Compare
- Assistance with chronic conditions such as asthma, COPD, diabetes, and hypertension

Wellness That Fits

EA Wellness meets you where you are. We personalize our program for each employer, using technology, research-based content, and positive psychology.

Choose from a unique variety of consulting options ranging from putting together a company wellness team, on-site or virtual EA Signature Offerings, or weight management programs tailored to meet your needs!

Degreed Wellness Consultants

Our EA Wellness consultants are wellness industry experts and are the key differentiator for your success. Our consultants hold wellness-related bachelor and advanced degrees as well as a variety of wellness and fitness-related certifications to ensure your wellness program is built on best industry practices.

How it works:

- Introductory meetings for employees
- Wellness Portal training for employees
- Customized planning throughout your program year
- On-site and virtual interactive educational sessions
- Preventive care screenings for employees
- Aggregate company health data is provided to plan for future success



Join the EA Wellness Community and watch your culture grow, flourish, and thrive through better health!

EMPLOYEE INCENTIVES

Grow

- Your employees will earn:
- \$25 gift code
 - Name entered into a \$25 incentive drawing

- Requirements:
- Complete a Health Check
 - Complete the Health Assessment and watch the Preventive Care video for a total of 1,500 points

Flourish

- Your employees will earn:
- Name entered into a \$50 incentive drawing

- Requirements:
- Achieve Level Grow (including Health Assessment, Health Check, and Preventive Care video)
 - Hit Level Grow and earn 500 additional points via portal or EA wellness culture events and activities for a total of 2,000 points

Thrive

- Your employees will earn:
- Name entered into a \$75 incentive drawing

- Requirements:
- Achieve Level Grow and Flourish (including Health Assessment, Health Check, and Preventive Care video)
 - Hit Level Grow and Flourish and earn 500 additional points via portal or EA wellness culture events and activities for a total of 2,500 points

EA Wellness will provide one set of \$25, \$50, and \$75 gift cards for each employer to offer for employee incentive drawings.