

## Member support

Our member services team is here to help. Call 800-247-6875 Monday through Friday, 8 a.m. to 8 p.m. ET. If you need specific benefit information, please see the following contact information and reach out to us in the way that is best for you.

### Claims:

#### Dental claims

Mon.–Thurs., 8 a.m. to 8 p.m. ET

Fri., 8 a.m. to 7 p.m. ET

Call: 800-442-7742

Online: [www.sunlife.com/account](http://www.sunlife.com/account)

Find a dentist: [www.sunlife.com/findadentist](http://www.sunlife.com/findadentist)

#### Vision questions and claims (VSP)

Mon.–Fri., 8 a.m. to 11 p.m. ET

Sat.–Sun., 10 a.m. to 11 p.m. ET

Call: 800-877-7195

Online: [www.vsp.com](http://www.vsp.com)