



DENTAL

Dental health facts

Statistics you should know...

An estimated **164 million work hours** are lost each year due to oral disease.¹



Nearly **one-third** of all adults in the United States have untreated tooth decay.²

One in every two adults **age 30 and older** are suffering from periodontal disease.³

According to the Centers for Disease Control and Prevention, approximately **65 million Americans** are affected by periodontal disease.³

Periodontal disease can lead to **receding gums, bone damage, loss of teeth**, and can increase the risk of other health problems such as **heart disease and diabetes**.³



Periodontal disease **increases the risk of heart disease**.⁴

Periodontal disease can also **exacerbate existing heart conditions**.⁴

Chronic gum inflammation, known as periodontitis, is associated with **an increased risk of developing Alzheimer's disease**.⁵



People who had periodontitis for 10 or more years were **70 percent more likely** than people without periodontitis to develop Alzheimer's disease.⁵



Having gum disease may **increase a person's risk for type 2 diabetes**.⁶

Treatment of gum disease in **people with type 2 diabetes** can lower blood sugar over time.⁶

1. <https://www.ada.org/en/about-the-ada/dentists-doctors-of-oral-health> (accessed on 04/05/19)
2. <http://www.nidcr.nih.gov/DataStatistics/FindDataByTopic/DentalCaries/DentalCariesAdults20to64.htm>. (accessed on 04/05/19)
3. American Academy of Periodontology http://www.perio.org/consumer/love_the_gums_you%27re_with. (accessed on 04/05/19).
4. http://www.perio.org/consumer/heart_disease (accessed on 04/05/19)
5. "Long-term gum disease linked to Alzheimer's disease" Reuters August, 2017.
6. <https://www.cdc.gov/diabetes/ndep/pdfs/150-Healthy-teeth-matter.pdf> (Accessed 4/05/19)

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